

# Paediatric Bladder & Bowel Care Service

## What you need to know about our service

Paediatric Team  
Integrated Bladder & Bowel Care Service  
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Exeter EX2 7HU

Tel: 01392 208044

Email: [ndht.bladderandbowel@nhs.net](mailto:ndht.bladderandbowel@nhs.net)

### Other formats

If you need this information in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language, please contact the PALS desk on 01271 314090 or at [rduh.pals-northern@nhs.net](mailto:rduh.pals-northern@nhs.net).

## What the service offers

We are a team of specialist children's nurses who provide treatment, support and advice for children with bladder and bowel difficulties.

We specialise in the treatment of:

- Constipation
- Daytime wetting
- Nighttime wetting (also known as nocturnal enuresis)
- Delayed toilet training

We provide a continence promotion service for children with additional needs. We see and assess children who are eligible for continence products because of their learning or physical disability.

We provide toilet training / healthy bladder and bowel advice to schools and pre-schools.

We also teach parents specialised treatments, such as intermittent catheterisation and trans-anal irrigation to manage their child's bladder and bowel.

## Where the service is provided

Clinics are held in most of the larger towns in Devon. We always try to make an appointment at your nearest clinic.

## How to be referred

From 1 April 2019, patients can be referred to the specialist paediatric bladder and bowel care team through an e-referral process. The referral form is on our website at [www.northdevonhealth.nhs.uk/gp/referrals](http://www.northdevonhealth.nhs.uk/gp/referrals) and forms should then be emailed to [ndht.pbbcreferrals@nhs.net](mailto:ndht.pbbcreferrals@nhs.net).

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## PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email [rduh.pals-northern@nhs.net](mailto:rduh.pals-northern@nhs.net). You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

## Have your say

Royal Devon University Healthcare NHS Foundation Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

Tell us about your experience of our services. Share your feedback on the Care Opinion website [www.careopinion.org.uk](http://www.careopinion.org.uk).

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