

# About surgical appliance/orthotic department

Surgical Appliance Department Tel: 01271 322492

### Other formats

If you need this information in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language please contact the PALS desk on 01271 314090 or at ndht.pals@nhs.net.

### What is an orthosis?

Your consultant or doctor has referred you to the Appliance/ Orthotic Department to be supplied with an orthosis. An orthosis is a moulded, plastic splint to support, control or correct the problem you have with your leg or foot.

### Your appointment

You have been given a time to attend the Orthotic clinic. To keep the clinic running smoothly, we would be grateful if you could arrive slightly earlier than this time. If you cannot keep your appointment, then please ring the Surgical Appliance/Orthotic Department on 01271 322492 to arrange a more convenient time.

### The orthotist

The orthotist will assess your needs and will select or design the right orthosis for your condition and lifestyle. Please do not be afraid to ask questions about the orthosis you are going to have. The orthotist may be able to adapt it to suit your needs.

# What if I have a problem with the orthosis?

If you find you are having a problem once you have got your orthosis, and have not been given a review appointment, then please ring the Surgical Appliance/Orthotic Department on the above number to arrange to be seen again.

## Will I be supplied with a spare orthosis?

If your orthosis has proved successful, then in most instances you will be given a second. This may mean you arranging another appointment, so the second orthosis can be made.

## What if my orthosis breaks or needs replacing?

If you have a breakage, or if your orthosis wears out, then contact the Surgical Appliance/Orthotic Department to arrange a repair or replacement.

In some cases, you may need a new referral from your consultant/doctor but the Surgical Appliance Officer will tell you what to do.

### What information will I be given?

The orthotist will tell you how to use your orthosis. You may also receive a written instruction sheet. If you have any worries then please do not hesitate to contact the Surgical Appliance/Orthotic Department, who will try to help you with your problem or give you a further appointment.

### **Further information**

If you have any questions about our service, please contact the Surgical Appliance Officer, North Devon District Hospital.

Telephone: 01271 322492.

#### **PALS**

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email ndht.pals@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

### Have your say

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at www.careopinion.org.uk.

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