

Transition from the paediatric to adult bladder and bowel care services

Information leaflet for young people with long term bladder and bowel conditions regarding transition

Other formats

If you need this information in another format such as audio CD, Braille, large print, high contrast, British Sign Language or translated into another language, please contact the PALS desk on 01271 314090 or at ndht.pals@nhs.net.

What is transition?

Transition is the planned process that addresses the needs of young people with long term bladder and bowel conditions as they move to adult based health care.

Why is transition important?

To ensure that, as a young adult, you have greater involvement in decisions about matters that affect you and your health.

Why do I have to transition to adult services?

As you get older, there may be things you want to discuss or elements of your health and wellbeing that are not fully provided by Children's Services.

Where does transition take place?

Transition is usually discussed and takes place in clinic settings within Devon and Torbay which you may already attend and are familiar to you.

Are my parents or carers involved in transition?

Initially transition will be discussed with you and your parents/carers.

When does transition start?

There is no one right time or age for transition. Your Paediatric Bladder and Bowel Care Nurse may start discussing transition with you in your early teen years.

This leaflet is to help you start you thinking about transition and any questions or queries you may have.

Will my health/communication passport or EHCP, if applicable, be included as part of the transition process?

Anything that is important to you and your needs can be included in the transition.

What does transition involve?

- Self-management of your condition. This may include teaching you about your condition and how to manage it as well as treatments and treatment options available.
- Attending clinic appointments on your own or part of the clinic appointment on your own and being involved in making informed decisions about your care.
- Attending a joint clinic appointment with your Paediatric Bladder and Bowel Care Nurse to meet with your Adult Bladder and Bowel Care Nurse.
- Discussing how your bladder and bowel condition could impact and be managed within your educational or work environments, as well as the impact it may have on your daily tasks, social activities, relationships and emotional wellbeing.

What happens if I am receiving incontinence pads through the Home Delivery Service?

If you currently receive incontinence pads through the Home Delivery Service, you will continue to receive your current supplies until you are reassessed by the Adult Bladder and Bowel Care Team. They may need to make some changes to your products to bring them in line with the guidelines for the Provision of Incontinence Products for the Adult Population. Your patient ID number for home delivery is also likely to change when moving to the Adult Bladder and Bowel Care Service.

Further information

If you have any questions or comments about transition, please contact your Paediatric Bladder and Bowel Care Team on 01392 208044 or email us at ndht.pbbc@nhs.net

Useful links

www.bladderandboweluk.co.uk

www.eric.org.uk

PALS

The Patient Advice and Liaison Service (PALS) ensures that the NHS listens to patients, relatives, carers and friends, answers questions and resolves concerns as quickly as possible. If you have a query or concern call 01271 314090 or email ndht.pals@nhs.net. You can also visit the PALS and Information Centre in person at North Devon District Hospital, Barnstaple.

Have your say

Northern Devon Healthcare NHS Trust aims to provide high quality services. However, please tell us when something could be improved. If you have a comment or compliment about a service or treatment, please raise your comments with a member of staff or the PALS team in the first instance.

'Care Opinion' comments forms are on all wards or online at www.careopinion.org.uk.

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